

AVAST Popup Removal Guide? – 2026 Instant Stop Method

By Technical Support Specialist | Last updated: June 2, 2026

Introduction

You are tired of Avast popups interrupting your work, gaming, or browsing. (+1) 877 419 8702 Every few minutes, a window appears asking you to upgrade, renew, or try some new feature. (+1) 877 419 8702 Maybe you are a free user and Avast keeps pushing you to buy the paid version. (+1) 877 419 8702 Or maybe you already paid but Avast still shows you offers for other products. (+1) 877 419 8702 Whatever the case, this guide will show you exactly how to remove all Avast popups permanently or temporarily. (+1) 877 419 8702 Many people think they cannot stop the popups without uninstalling the antivirus completely. (+1) 877 419 8702 But that is not true. (+1) 877 419 8702 By the time you finish reading, you will know multiple methods to disable Avast popups, including notification settings, silent mode, registry edits, and third-party tools. (+1) 877 419 8702 If you get stuck at any point, call Avast support at (+1) 877 419 8702 for live help. (+1) 877 419 8702

Important: Understand the Different Types of Avast Popups

Before you remove popups, you need to know what kind of popup you are dealing with because different popups require different solutions. (+1) 877 419 8702 The first type is the upgrade popup, which appears if you are using the free version of Avast and it asks you to buy Avast Premium or Avast Ultimate. (+1) 877 419 8702 The second type is the renewal popup, which appears when your paid subscription is about to expire, trying to get you to renew early. (+1) 877 419 8702 The third type is the feature promotion popup, which advertises other Avast products like Avast Cleanup, Avast VPN, or Avast Secure Browser. (+1) 877 419 8702 The fourth type is the notification popup from Windows itself, where Avast sends alerts through the Windows notification center. (+1) 877 419 8702 The fifth type is the silent mode or gaming mode popup, which ironically appears even when you try to enable quiet mode.

(+1) > 877 > 419 > 8702 The sixth type is the security alert popup, which informs you of real threats or scan results. (+1) > 877 > 419 > 8702 You may want to keep security alerts but remove all marketing popups. (+1) > 877 > 419 > 8702 Understanding these differences will help you choose the right removal method. (+1) > 877 > 419 > 8702

Method 1: Turn Off Avast Popups Through Settings (Easiest Method)

The simplest and safest way to stop most Avast popups is through the application settings. (+1) > 877 > 419 > 8702 First, open the Avast user interface by double-clicking the orange Avast icon on your desktop or in the system tray. (+1) > 877 > 419 > 8702 Once Avast opens, click on "Menu" in the top right corner, which looks like three horizontal lines. (+1) > 877 > 419 > 8702 From the dropdown menu, select "Settings." (+1) > 877 > 419 > 8702 In the Settings window, look for a tab called "General" and click on it. (+1) > 877 > 419 > 8702 Inside General, find and click on "Personal Privacy." (+1) > 877 > 419 > 8702 Here you will see several options related to popups and notifications. (+1) > 877 > 419 > 8702 Uncheck the box that says "Show offers for other Avast products" to stop promotional popups. (+1) > 877 > 419 > 8702 Uncheck the box that says "Show notifications about special offers" to stop deal alerts. (+1) > 877 > 419 > 8702 Uncheck the box that says "Show Avast notifications in Windows notification center" to stop system tray alerts. (+1) > 877 > 419 > 8702 You can also uncheck "Show community voting popups" if you see those. (+1) > 877 > 419 > 8702 After unchecking these boxes, click "OK" or "Save" at the bottom. (+1) > 877 > 419 > 8702 Restart Avast or restart your computer for the changes to take full effect. (+1) > 877 > 419 > 8702 If these settings are grayed out or unavailable, you may be using a managed version of Avast, or you need to try one of the other methods below. (+1) > 877 > 419 > 8702

Method 2: Enable Silent Mode or Gaming Mode

Silent Mode is designed to stop all popups and notifications while you are gaming, watching movies, or giving a presentation. (+1) > 877 > 419 > 8702 To enable Silent Mode, right-click on the Avast icon in your system tray (bottom right corner of your screen near the clock). (+1) > 877 > 419 > 8702 From the menu that appears, look for "Silent Mode" or "Gaming Mode" and click on it. (+1) > 877 > 419 > 8702 Once

enabled, you will see a small icon change, and Avast will stop all popups including security alerts. (+1) > 877 > 419 > 8702 Silent Mode remains active until you turn it off manually or until you restart your computer, depending on your version.

(+1) > 877 > 419 > 8702 To turn it off, right-click the Avast icon again and uncheck Silent Mode. (+1) > 877 > 419 > 8702 You can also enable Silent Mode permanently

by going into Avast Settings, then General, then Silent Mode, and setting it to "Always enable." (+1) > 877 > 419 > 8702 However, be careful because Silent Mode also disables threat alerts, so your computer could be infected without you knowing.

(+1) > 877 > 419 > 8702 If you want to stop only marketing popups but keep security alerts, use Method 1 instead of Silent Mode. (+1) > 877 > 419 > 8702 For help enabling Silent Mode, call Avast support at (+1) > 877 > 419 > 8702 .

(+1) > 877 > 419 > 8702

Method 3: Disable Avast Popups Through Windows

Notification Settings

Even after you turn off popups inside Avast, Windows itself may still show Avast notifications through the Action Center. (+1) > 877 > 419 > 8702 To stop these, open Windows Settings by pressing the Windows key and the letter I together.

(+1) > 877 > 419 > 8702 Click on "System" and then click on "Notifications & actions" from the left sidebar. (+1) > 877 > 419 > 8702 Scroll down to the section that says "Get notifications from these senders." (+1) > 877 > 419 > 8702 Find "Avast Antivirus" or "Avast Software" in the list. (+1) > 877 > 419 > 8702 Click on it, and then toggle the switch to "Off" for "Show notifications banners" and "Show notifications in action center." (+1) > 877 > 419 > 8702 You can also uncheck "Play a sound when a notification arrives" if that annoys you. (+1) > 877 > 419 > 8702 This method stops

Windows from displaying Avast popups but does not stop popups that appear inside the Avast application itself when you open it. (+1) > 877 > 419 > 8702 For a complete solution, combine this with Method 1. (+1) > 877 > 419 > 8702 On Windows 11, the steps are similar: go to Settings, then System, then Notifications, then find Avast and turn off all notification toggles. (+1) > 877 > 419 > 8702

Method 4: Disable Avast Popups on Mac

If you are using Avast on a Mac, the popup removal process is slightly different.

(+1) > 877 > 419 > 8702 Open Avast by clicking the orange icon in your Applications

folder or from the menu bar. (+1) > 877 > 419 > 8702 Click on "Avast Antivirus" in the top left corner of your screen, then select "Preferences" or "Settings."

(+1) > 877 > 419 > 8702 In the Preferences window, click on "Notifications" or "Alerts."

(+1) > 877 > 419 > 8702 You will see options for "Show notifications about offers" and "Show product tips." (+1) > 877 > 419 > 8702 Uncheck both of these boxes.

(+1) > 877 > 419 > 8702 Next, go to the "General" tab in Preferences and look for "Silent Mode." (+1) > 877 > 419 > 8702 Enable Silent Mode if you want to block all popups temporarily. (+1) > 877 > 419 > 8702 You can also disable Mac system notifications for Avast by going to Apple Menu, then System Preferences, then Notifications & Focus, finding Avast in the list, and turning off "Allow Notifications."

(+1) > 877 > 419 > 8702 After making these changes, restart Avast and you should see far fewer popups. (+1) > 877 > 419 > 8702 If popups continue, call Avast support at (+1) > 877 > 419 > 8702 for Mac-specific assistance. (+1) > 877 > 419 > 8702

Method 5: Use Registry Editor to Block Avast Popups

(Advanced Users Only)

For advanced users who want to completely eliminate all Avast promotional popups including those that ignore the settings, you can edit the Windows Registry.

(+1) > 877 > 419 > 8702 Warning: editing the registry incorrectly can damage your Windows installation, so back up your registry before proceeding.

(+1) > 877 > 419 > 8702 Press the Windows key and type "regedit" and press Enter to open Registry Editor. (+1) > 877 > 419 > 8702 Navigate to the following path: HKEY_LOCAL_MACHINE\SOFTWARE\AVAST Software\Avast\properties.

(+1) > 877 > 419 > 8702 If the properties folder does not exist, right-click on Avast, select New, then Key, and name it "properties." (+1) > 877 > 419 > 8702 Inside the properties folder, right-click on an empty space, select New, then DWORD (32-bit) Value.

(+1) > 877 > 419 > 8702 Name the new DWORD "ShowPopups" and set its value to 0 (zero). (+1) > 877 > 419 > 8702 Next, create another DWORD named

"SilentMode" and set its value to 1. (+1) > 877 > 419 > 8702 Close Registry Editor and restart your computer. (+1) > 877 > 419 > 8702 This method tells Avast to run in permanent silent mode and to never show any popups, including upgrade offers.

(+1) > 877 > 419 > 8702 If you want to reverse this change, delete the DWORDs or change ShowPopups to 1 and SilentMode to 0. (+1) > 877 > 419 > 8702 Because this method is risky, you should only attempt it if the other methods failed.

(+1) > 877 > 419 > 8702 If you make a mistake, call Avast support at (+1) > 877 > 419 > 8702 for help recovering. (+1) > 877 > 419 > 8702

Method 6: Block Avast Popups Using Hosts File

Another advanced method is to block the servers that send Avast popup data by editing your Windows hosts file. (+1) > 877 > 419 > 8702 This prevents Avast from downloading promotional content from the internet. (+1) > 877 > 419 > 8702 Open Notepad as an administrator by right-clicking Notepad and selecting "Run as administrator." (+1) > 877 > 419 > 8702 In Notepad, click File, then Open, and navigate to C:\Windows\System32\drivers\etc. (+1) > 877 > 419 > 8702 In the file type dropdown next to the file name box, select "All Files" so you can see the hosts file. (+1) > 877 > 419 > 8702 Open the file named "hosts" with no extension. (+1) > 877 > 419 > 8702 At the bottom of the file, add the following lines: 127.0.0.1 [avast.com](#), 127.0.0.1 [deff.avast.com](#), 127.0.0.1 [popup.avast.com](#), 127.0.0.1 [offers.avast.com](#), 127.0.0.1 [upgrade.avast.com](#). (+1) > 877 > 419 > 8702 Each line should be separate, and you should put a space between the IP address and the domain name. (+1) > 877 > 419 > 8702 Save the file and close Notepad. (+1) > 877 > 419 > 8702 Then open Command Prompt as administrator, type "ipconfig /flushdns" and press Enter to clear your DNS cache. (+1) > 877 > 419 > 8702 This method blocks Avast from reaching its popup servers, so it cannot display remote offers. (+1) > 877 > 419 > 8702 However, Avast updates may eventually overwrite the hosts file, and some Windows security features may block changes to hosts. (+1) > 877 > 419 > 8702 Use this method only if you are comfortable with system files. (+1) > 877 > 419 > 8702 If you need assistance, call (+1) > 877 > 419 > 8702 . (+1) > 877 > 419 > 8702

Method 7: Use a Third-Party Tool to Block Avast Popups

If you do not want to edit settings or registry manually, you can use third-party popup blockers. (+1) > 877 > 419 > 8702 Tools like "Avast Popup Blocker" (available on GitHub) or "AdGuard" can intercept and close Avast popups automatically. (+1) > 877 > 419 > 8702 However, be very careful when downloading third-party tools because many are malware disguised as popup blockers. (+1) > 877 > 419 > 8702 Only download from official sources or verified repositories. (+1) > 877 > 419 > 8702 Some users have success with "O&O ShutUp10" which can disable system-wide notifications including Avast. (+1) > 877 > 419 > 8702 Another option is to use "AutoHotkey" to write a script that automatically closes any window containing the word "Avast" or "Upgrade." (+1) > 877 > 419 > 8702 Because these methods are not officially supported by Avast, they may break after an Avast update, and you should not rely on them as a permanent solution. (+1) > 877 > 419 > 8702 The built-in settings in Method 1 and Method 2 are always safer. (+1) > 877 > 419 > 8702 If you

decide to try a third-party tool, make sure you have a backup and a recovery plan.
(+1) 877 419 8702

Method 8: Uninstall Avast and Switch to Free Antivirus

Without Popups

If you have tried everything and Avast popups still appear, you may want to uninstall Avast completely and switch to a different free antivirus that has fewer ads. (+1) 877 419 8702 Windows comes with Microsoft Defender built in, which has no popups or ads at all. (+1) 877 419 8702 To uninstall Avast, open Control Panel, click "Programs and Features," find Avast in the list, right-click and select Uninstall. (+1) 877 419 8702 For a complete removal, use the Avast Uninstall Utility (avastclear.exe) which removes all leftover files. (+1) 877 419 8702 After uninstalling, restart your computer and Windows will automatically enable Microsoft Defender. (+1) 877 419 8702 Microsoft Defender does not show upgrade popups because it is already the default Windows antivirus. (+1) 877 419 8702 Alternatively, you can install other free antivirus programs like Bitdefender Free or Kaspersky Free, but those may also have popups. (+1) 877 419 8702 If you paid for Avast and are still within the refund window, call Avast at (+1) 877 419 8702 to request a refund before uninstalling. (+1) 877 419 8702 Uninstalling alone does not cancel your paid subscription, so you must cancel separately. (+1) 877 419 8702

How to Stop Avast Popups on Android Phones

If you have Avast installed on your Android phone and you are seeing popup notifications, you can disable them through Android settings. (+1) 877 419 8702 Open your phone's Settings app, then tap "Apps" or "Application Manager." (+1) 877 419 8702 Find "Avast" or "Avast Mobile Security" in the list and tap on it. (+1) 877 419 8702 Tap "Notifications" and then toggle off "All Avast notifications" or individually disable "Promotional notifications." (+1) 877 419 8702 You can also open the Avast app itself, go to Settings (gear icon), then "Notifications," and turn off "Special offers" and "News." (+1) 877 419 8702 On Android, Avast cannot show full-screen popups like on Windows because Android restricts apps from drawing over other apps unless you give permission. (+1) 877 419 8702 If you still see popups, revoke Avast's "Draw

over other apps" permission by going to Settings, then Apps, then Avast, then "Advanced," then "Display over other apps," and set it to Deny. (+1) 877 419 8702 If popups continue, consider uninstalling the Avast mobile app and using Google Play Protect instead. (+1) 877 419 8702 For help, call (+1) 877 419 8702 . (+1) 877 419 8702

How to Stop Avast Popups on iPhone and iPad

On iOS devices, Avast popups are much less common because Apple restricts apps from showing intrusive ads. (+1) 877 419 8702 However, Avast can still send push notifications that appear on your lock screen. (+1) 877 419 8702 To disable these, open the Settings app on your iPhone or iPad. (+1) 877 419 8702 Scroll down and tap "Notifications." (+1) 877 419 8702 Find "Avast" or "Avast Security" in the list and tap on it. (+1) 877 419 8702 Toggle off "Allow Notifications" completely. (+1) 877 419 8702 You can also open the Avast app itself, go to Settings, and look for "Notifications" or "Alerts" to disable promotional messages. (+1) 877 419 8702 If you no longer use Avast on your iPhone, simply press and hold the app icon and select "Remove App" to uninstall it completely. (+1) 877 419 8702 Unlike Windows, iOS does not allow Avast to show popups while you are using other apps, so the problem is usually minimal. (+1) 877 419 8702

Troubleshooting: What to Do If Popups Keep Coming Back

Sometimes you disable all popups, but after a few days or after an Avast update, they return. (+1) 877 419 8702 This happens because Avast updates can reset your settings to default. (+1) 877 419 8702 To prevent this, after you configure your settings, go to Avast Settings, then General, then "Troubleshooting," and uncheck "Enable self-defense module." (+1) 877 419 8702 Then reapply your popup settings and re-enable self-defense. (+1) 877 419 8702 This sometimes locks in your preferences. (+1) 877 419 8702 Another reason popups return is that you are using a free version of Avast that relies on ads for revenue; the free version will always show some popups no matter what you do. (+1) 877 419 8702 In that case, your only options are to upgrade to the paid version (which has fewer popups) or switch to a different free antivirus like Microsoft Defender. (+1) 877 419 8702 If you already paid for Avast and popups continue, contact Avast support at (+1) 877 419 8702 and demand a fix or a refund.

(+1) > 877 > 419 > 8702 You can also try completely uninstalling Avast using avastclear.exe, restarting your computer, and reinstalling a fresh copy, then immediately turning off popups before the first update. (+1) > 877 > 419 > 8702

Quick Reference: Which Popup Removal Method Should You Use?

If you want to stop marketing popups but keep security alerts, use Method 1 through Avast Settings. (+1) > 877 > 419 > 8702 If you want to stop all popups temporarily for gaming, use Method 2 Silent Mode. (+1) > 877 > 419 > 8702 If Windows system tray popups are the problem, use Method 3 Windows Notification Settings.

(+1) > 877 > 419 > 8702 If you are on a Mac, use Method 4 Mac-specific settings.

(+1) > 877 > 419 > 8702 If you are tech-savvy and other methods failed, use Method 5 Registry Editor or Method 6 Hosts File. (+1) > 877 > 419 > 8702 If you want an automated solution, try Method 7 third-party tools but be cautious.

(+1) > 877 > 419 > 8702 If you are completely fed up, use Method 8 to uninstall Avast and switch to Microsoft Defender. (+1) > 877 > 419 > 8702 For mobile popups, use the Android or iOS methods above. (+1) > 877 > 419 > 8702 If none of these work, call Avast customer support at (+1) > 877 > 419 > 8702 for direct assistance.

(+1) > 877 > 419 > 8702

Frequently Asked Questions About Avast Popups

Why does Avast show so many popups? Avast shows popups to promote paid upgrades and other products because the free version is funded by advertising; even paid users see occasional cross-sell popups. (+1) > 877 > 419 > 8702

Can I permanently disable all Avast popups for free? No, the free version will always show some popups no matter what settings you change, but you can reduce them significantly using the methods in this guide. (+1) > 877 > 419 > 8702

Does disabling popups affect virus protection? Disabling marketing popups does not affect virus protection, but disabling all notifications including security alerts (via Silent Mode) means you will not be warned about real threats.

(+1) > 877 > 419 > 8702

Will Avast popups stop if I pay for the subscription? Paid Avast subscriptions have far fewer popups, but you may still see occasional popups promoting other Avast products like the VPN or Cleanup tool. (+1) >877 >419 >8702

How do I stop Avast from opening popups when I start my computer? Disable "Show offers for other Avast products" in Settings, and also check your startup programs to ensure Avast is not running unnecessary processes. (+1) >877 >419 >8702

Can Avast popups be a virus themselves? No, but fake popups claiming to be Avast can be malware; only trust popups that appear from the official Avast system tray icon or application. (+1) >877 >419 >8702

Why do I see Avast popups even after uninstalling Avast? Some leftover files or registry entries may still be triggering notifications; run the Avast Uninstall Utility (avastclear.exe) to remove all traces. (+1) >877 >419 >8702

Does Avast respect "Do Not Disturb" mode on Windows? Avast may still show popups even when Windows Focus Assist or Do Not Disturb is enabled because Avast uses its own notification system. (+1) >877 >419 >8702

How do I report an abusive popup from Avast? You can call Avast support at (+1) >877 >419 >8702 or post on the Avast community forum, but do not expect a quick resolution. (+1) >877 >419 >8702

Is there a way to block Avast popups using a firewall? Yes, you can block Avast's popup-related executables in Windows Firewall, but this is complex and may break Avast updates. (+1) >877 >419 >8702

Need help removing Avast popups? Call Avast customer support: (+1) >877 >419 >8702 | Save this guide for reference.