

SOUTHEAST/ METRO DETROIT

 In-Person Group Virtual Group

Hospice of Michigan understands the significance of losing a loved one and the impact it can have on an individual and is pleased to offer – together with our partner Arbor Hospice – a variety of in-person and virtual programming.

Whether participating in a group or seminar, Hospice of Michigan's trained grief counselors provide a safe and supportive environment to express feelings, better understand the grief process, and connect with others.

These services are offered at no charge and are available to any community member mourning the loss of a loved one.

Registration is required to attend all groups. The Grief Journey Manager leading the group or seminar will provide the information needed to participate.

Severe or inclement weather may cause the cancellation of some in-person groups. (i.e.: when area public schools cancel activities.)

Hospice of Michigan abides by all COVID-19 health and safety protocols.

LIVING ON

Living On support groups provide a caring, non-judgmental space to share feelings, experiences, and explore grief after loss.

1st Tuesday of the month • 6pm - 7:30pm 
RSVP: Cindy Palmer • 248-334-1323 cpalmer@hom.org

3rd Tuesday of the month • 1pm - 2:30pm 
Eton Senior Center • 4900 Pardee Rd., Dearborn Heights
RSVP: Sarah Hoffman • 313-578-6328 • sarah.hoffman@hom.org

2nd and 4th Wed. of the month • 1:30pm - 2:30pm 
Costick Activities Center • 28600 W Eleven Mile Rd., Farmington Hills
RSVP: Cindy Palmer • 248-334-1323 cpalmer@hom.org

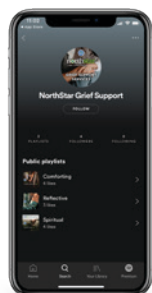
2nd and 4th Wed. of the month • 1pm - 2:30pm 
Hospice of Michigan office • 37399 Garfield Rd., Clinton Twp
RSVP: Amanda Layne • 586-263-8514 • alayne@hom.org

1st & 3rd Thursday of the month • 1:30pm - 3pm 
RSVP: Sarah Hoffman • 313-578-6328
sarah.hoffman@hom.org • Facilitated by Jackie Morris, MPM, CT

1st & 3rd Friday of the month • 10am - 11am 
The Helm at the Boll Life Center • 158 Ridge Rd, Grosse Pointe Farms
RSVP: Amanda Layne • 586-263-8514 • alayne@hom.org

1st & 3rd Friday of the month • 10:30am - 11:30am 
Royal Oak Senior Center • 3500 Marais Ave., Royal Oak
RSVP: Cindy Palmer • 248-334-1323 • cpalmer@hom.org

2nd & 4th Friday of the month • 11:30am - 1pm 
Woodhaven Community Center • 23101 Hall Road, Woodhaven
RSVP: Sarah Hoffman • 313-578-6328 • sarah.hoffman@hom.org



There are many therapeutic benefits of music. You will find music for reflection, for remembering, for healing, or just to be uplifted.

Please check out our
Spotify playlists at
www.hom.org/spotify



LIVING ON - LOSS SPECIFIC GROUPS

Living On - Young Adults

An open, ongoing support group for people in their 20s and 30s who are mourning any loss. Each group will consist of a time of education, sharing and support. This group is facilitated by Hospice of Michigan and Arbor Hospice Grief Counselors and is largely peer-supported.

1st Monday of the month 
6pm - 7:15pm
RSVP: Alexandra Fuchsloch
231-527-0913
alexandra.fuchsloch@hom.org

Living On - Loss of Parents

Come and share, or simply listen, as we discuss the various intricacies and many facets of the unique grief after the loss of a parent.

2nd Monday of the month 
6:30pm - 7:45pm
RSVP with Amanda Layne
586-263-8514 • alayne@hom.org

Living On - Sudden/Traumatic Loss

An open, ongoing group that meets monthly to discuss grief and loss as it pertains to the sudden and traumatic loss of a loved one.

1st Tuesday of the month 
5:30pm - 6:45pm
RSVP: Dana Horowitz
734-209-8588 • dhorowitz@hom.org

Living On - Loss of Spouse/Partner

Come and share, or simply listen, as we discuss the various intricacies and many facets of grief after the loss of a spouse or partner.

1st & 3rd Tuesday of the month 
6pm - 7:15pm
RSVP: Stacy Malenfant
989-358-4295 • smalenfa@hom.org
2nd & 4th Thursday of the month 
2pm - 3:30pm
RSVP: Liz Freedman
616-225-110 • liz.freedman@hom.org

Living On - Men Overcoming Loss

For any man who has lost a spouse or partner.

3rd Tuesday of the month 
6pm - 7:30pm
RSVP: Will Gasper • 231-444-3350
wgasper@hom.org
Facilitated by Wil Gasper, LPC

Living On - Loss of an Adult Child for Mothers

For mothers who have lost an adult child.

2nd Thursday of the month 
10:30am - 11:30am
RSVP: Delynda Moravec
231-444-3350 • delynda.moravec@hom.org

SEMINARS & SPECIAL SERIES

Loss of a Child

A space to share and explore grief after the loss of a child.

Tuesday Sept. 8, 2026 
Social hour: 5:30pm
Presentation: 6pm - 7:15pm
James H Cole Home for Funerals • 2624 W Grand Blvd., Detroit
Tuesday Sept. 22, 2026 • 6pm - 7:15pm 
The Husband Family Funeral Home • 2401 S. Wayne Rd., Westland
RSVP: Sarah Hoffman • 313-578-6328 • sarah.hoffman@hom.org

Poetic Medicine for Healing

This 6-week support group explores grief through poetry and reflective writing in a supportive, compassionate space. No writing experience is needed.

Every Tuesday, Sept. 15 through Oct. 27 
(no meeting on October 6)
5pm - 6pm
RSVP: Delynda Moravec • 231-444-3350
delynda.moravec@hom.org

Supporting a Grieving Friend or Family Member "Grief 101"

Learn the basics of grief and ways to support others through the grieving process.

Wednesday, Sept. 30, 2026 • 1pm - 2pm 
Hospice of Michigan office • 37399 Garfield Rd., Clinton Twp
RSVP: Amanda Layne • 586-263-8514 • alayne@hom.org

Creative Support for Grieving Families – Holiday Support Program

Join us as we together create a personalized keepsake calendar in memory/honor of your loved one. Facilitated and led by creative grief expert Rebecca Wu. Various locations; join us at your nearest location.

Thursday, Nov. 19, 2026 
5:30pm - 6pm (Food & Reception)
6pm - 7:30pm (Calendar Making Time)

Arbor Hospice office

2366 Oak Valley Drive, Ann Arbor
RSVP with Melissa McCreedy
734-794-5127 • mmccreedy@hom.org

Hospice of Michigan offices at:

400 Perry Avenue, Big Rapids
RSVP with Alexandra Fuchsloch
231-527-0913 • alexandra.fuchsloch@hom.org

830 S. Otsego Avenue, Gaylord
RSVP with Tavia Mulholland
989-705-2603 • tmulholland@hom.org

989 Spaulding, Ada
RSVP with Liz Freedman
616-450-5927 • liz.freedman@hom.org

400 Galleria, Ste. 400, Southfield
RSVP with Cindy Palmer
248-334-1323 • cpalmer@hom.org

SEMINARS & SPECIAL SERIES

Artful Grieving

Artful Grieving offers a creative way to honor your loved one by making a commemorative ornament or craft while sharing memories. Supplies are provided, and personal mementos are welcome.

Wednesday, Dec. 9, 2026 
1pm - 2:30pm
Hospice of Michigan office
37399 Garfield Rd., Clinton Twp
RSVP: Amanda Layne
586-263-8514 • alayne@hom.org

Hope for the Holidays

Hope for the Holidays is led by a Grief Support Counselor from Arbor Hospice and Social Worker from Jewish Family Services. This supportive session offers practical coping strategies, compassionate guidance, and a safe space to acknowledge grief during the holiday season.

Tuesday, Nov. 3, 2026 
Social hour: 5:30pm
Presentation: 6pm - 7:15pm
James H Cole Home for Funerals
16100 Schaffer Hwy., Detroit
RSVP: Sarah Hoffman • 313-578-6328
sarah.hoffman@hom.org

Tuesday, Nov. 10, 2026 • 6pm - 7:15pm 
The Husband Family Funeral Home
2401 S. Wayne Rd., Westland
RSVP: Sarah Hoffman • 313-578-6328
sarah.hoffman@hom.org

Monday, Nov. 23, 2026 • 6pm - 7:15pm 
RSVP: Melissa McCreedy • 734-794-5127
mmccreedy@arborhospice.org

Winter Warmth

Winter’s cold, gray days can make grief feel more intense. Reflecting on cherished memories and honoring a loved one’s legacy can provide comfort and help support the healing process.

Monday, Dec. 7, 2026 
5:30pm - 6:30pm
RSVP: Alexandra Fuchsloch
231-527-0913
alexandra.fuchsloch@hom.org

GRIEF AFTER DEMENTIA

Exploring grief after a dementia-related loss. Presented in partnership with the Alzheimer’s Association of Michigan.

2nd Tuesday of the month • 6:30pm - 7:30pm 
RSVP: Alexandra Fuchsloch • 231-527-0913 • alexandra.fuchsloch@hom.org

alzheimer’s  association®
GREATER MICHIGAN CHAPTER

SUPPER CLUB FARMINGTON HILLS

Hospice of Michigan offers 3 social groups for those who have lost a spouse or partner to connect, make friends, and share a meal. Contact us for location details.

3rd Tuesday of the month • 5pm - 6:30pm 
Various Restaurants in the Farmington Hills area.
RSVP: Cindy Palmer • 248-334-1323 • cpalmer@hom.org

Hospice of Michigan offers two for those who have lost a spouse or partner to connect, make friends, and share a meal. Contact us for location details.

THE SUPPER CLUB

4th Tuesday of the month • 5pm - 6:30pm 
Restaurant in Troy
RSVP: Cindy Palmer • 248-334-1323 • cpalmer@hom.org

THE LUNCH BUNCH

2nd Wednesday of the month • 11:30am - 12:30pm 
Restaurant in Madison Heights
RSVP: Cindy Palmer • 248-334-1323 • cpalmer@hom.org

FLY AND REMEMBER

Honor your loved one by personalizing and flying a kite in their memory. Enjoy live music by Al Bettis, a brief remembrance program, volunteer dogs, and refreshments. Kites and supplies are provided at no cost. Families are welcome to bring a picnic, and hot dogs and light snacks will be available.

Saturday, September 19, 2026 • 10am - Noon 
Starr Jaycee Park • 1321 W. 13 Mile Rd., Royal Oak
RSVP: Cindy Palmer • 248-334-1323 • cpalmer@hom.org

A TIME OF REMEMBRANCE

A gathering to honor loved ones, share memories, and support one another in grief.

Thursday, Nov. 12, 2026 • 6pm - 7pm 
St. Michael Catholic Church • 40501 Hayes Rd., Sterling Heights
RSVP: Amanda Layne • 586-263-8514 • alayne@hom.org

JOURNEY THROUGH WIDOWHOOD

Join us for our Journey Through Widowhood (JTW) monthly programs. JTW programs provide support and guidance in navigating the challenges after loss of spouse, and build meaningful connections.

RSVP: jtw@northstarcc.org or 313-578-6326

Parenting or Grandparenting After Loss – Practical Tasks

Explores caregiving after a partner's death, offering practical tools, compassionate support, and guidance for caring for yourself and children through grief.

September 9, 2026 • 6pm - 7:15pm 

Taking Gentle Care

Explores meaningful practices for rest, resilience, and renewal while honoring grief and tending to your own needs.

October 14, 2026 • 6pm - 7:15pm 

Traditions and Rituals – Holidays

Discuss ways to modify or create rituals that honor our loved ones while attending to personal needs

November 11, 2026 • 6pm - 7:15pm 

Dinner Group

A casual, social space for widowers to share a meal and conversation while connecting and supporting each other through grief.

December 9, 2026 • 6pm - 7:15pm 