



George Blaha



Jim Harbaugh



Kirk Cousins



Lomas Brown



Mike Knuble



Lloyd Carr



Ty Hallock



Mitch Albom



Pat Freehan



Adam Scheffer



TJ Lang

Give a Quarter Back

The compassionate touch of hospice care is felt by millions of families across the U.S. every year. Hospice of Michigan, the state's original nonprofit hospice, provides medical, spiritual and emotional support to help terminally ill patients and families face life's final chapter with the comfort, dignity and respect they desire and deserve.

On September 14, 2018, Hospice of Michigan launched *Give a Quarter Back*, a grassroots campaign designed to inspire widespread public fundraising to support our range of specialized programs and services. As the state's pioneer hospice program, for 40 years Hospice of Michigan has remained committed to a nonprofit mission to provide care to anyone who needs it regardless of age, diagnosis or ability to pay.



If every Michigan citizen commits to contribute just \$25, our next generation can benefit from Hospice of Michigan's exceptional end-of-life care.

You can *Give a Quarter Back* by making a gift in an increment of "25"—from as little as 25 cents to \$25, \$250, \$25,000 or more—to ensure that Hospice of Michigan's services will remain available for generations to come.

An elite team of athletes, coaches, and sports journalists—including Mitch Albom, George Blaha, Lomas Brown, Lloyd Carr, Kirk Cousins, Jim Harbaugh, Ty Hallock, Mike Knuble, TJ Lang and Adam Scheffer—has joined Hospice of Michigan to spread the word about the importance of supporting hospice and end-of-life care. Our team invites you to ***Give a Quarter Back*** to ensure everyone has access to the best care at every stage of life.

To donate, visit www.GiveAQuarterBack.com or text GAQB to 56651.

A Message From Bob



Bob Cahill, President and CEO

It's now been more than two years since Hospice of Michigan and Arbor Hospice joined forces to sustain and enhance the mission of nonprofit hospice. In that time, we've accomplished a great deal—aligning and strengthening operations, opening a new residential unit, and introducing a framework to identify our network of integrated programs and services: the NorthStar Care Community. This progress has been essential to maintaining our commitment to the communities we serve.

During this time, we also undertook an extensive renovation of the Oak Valley building so it could not only continue as the home of Arbor Hospice, but also accommodate the administrative operations of the NorthStar Care Community.

To celebrate the completion of our new home office, on August 22, 2018 we were delighted to welcome several hundred of our friends—board members, donors, referral partners, volunteers and the community—to an Open House celebration. This event marked the official rededication of the Oak Valley building in Ann Arbor

which was originally constructed in 1998 to be the home office and inpatient residence for Arbor Hospice.

Warm and sunny weather provided the perfect opportunity to showcase the lush grounds, as well as the building. Following a brief rededication ceremony, guests had the opportunity to participate in guided tours, visiting special installations throughout the building that uniquely highlight the programs and services of the NorthStar Care Community.

The Open House also served as the debut of two special recognition displays—**The Pioneer Wall**, acknowledging those whose contributions have made a transformative impact to the organization; and a **Donor Wall** recognizing the lifetime giving and planned giving commitments of our most generous donors.

With the renovation complete, we welcome all in the community to visit the building to learn more about the impact of our programs and services. Please contact us at (888) 247-5701 to set up a tour.

As we commit to work with urgency, purpose and compassionate accountability to lead the way in expert end-of-life care, we know the future of nonprofit hospice is secure. With the generous support of our donors, we will continue to fulfill our nonprofit mission of serving anyone who needs and seeks our care—regardless of age, diagnosis or ability to pay—from our new home office.

Warmest regards,

A handwritten signature in black ink that reads "Bob Cahill". The signature is fluid and cursive.

Bob Cahill

The Oak Valley gardens are the legacy of Mary Richards, former Arbor Hospice board member and longtime donor, whose vision was to build a park-like setting for patients and families that provided calm, reflective spaces. Various memorials from both Arbor Hospice and Hospice of Michigan, including bricks that were relocated from our previous Brush Park home office, now share a special home within the gardens, reminding all who visit of the compassionate care provided over the years. Through the continued support of the Richards family and other donors and volunteers, the gardens will continue to provide a beautiful backdrop for memorial services and community events.



Thank You, Veteran Volunteers

America's veterans have done everything asked of them in their mission to serve our country. We believe it is never too late to give them a hero's welcome home. That is why Hospice of Michigan is proud to serve those who have served us.

Today, one in four dying Americans is a veteran. These men and women often carry experiences from their military service that present unique challenges at the end of life.

Hospice of Michigan believes in honoring the men and women who served our country, so we have joined with the National Hospice and Palliative Care Organization and the U.S. Department of Veterans

Affairs to care for our veterans at the end of life through the *We Honor Veterans* program. We are honored to have achieved the distinction of Level IV status—the highest degree of participation—in the *We Honor Veterans* program.

Our goal is to serve our courageous veterans—to honor their service at a time when they need it most. One of the ways we honor veterans is by providing veteran-to-veteran volunteer service.

Join us in thanking our volunteers for sharing their time and talents with other veterans in need of support. **Here are a few of the wonderful volunteers who give of their time to reach out to veteran patients:**



Miles A., US Navy Veteran – Visits patients and helps at events in Southeast Michigan



Sam H., US Army Veteran – Plays guitar and sings to patients and groups in the Traverse City area



David R., US Army Veteran – Visits veteran patients and participates in veteran pinnings in the Cadillac area



Michael S. (left), US Army Veteran – Visits veteran patients and participates in veteran pinnings in Southeast Michigan



Annual giving is the foundation of Hospice of Michigan's ability to fulfill its nonprofit mission of serving all who need our care regardless of their diagnosis, age, or ability to pay. It is through the annual support of our donors—who support Hospice of Michigan year after year—that we are able to offer the quality, compassionate care everyone deserves at the end of life.

Our Caring Circle Annual Giving Society allows us to recognize our generous donors, whose giving allows

Hospice of Michigan to continue offering hospice and palliative care, bereavement services to adults and children, community education and outreach throughout Michigan.

You can give the gift of hospice care and join the Caring Circle by making cumulative annual gifts of \$1,000 or more within a calendar year (January through December). As a Caring Circle donor, you will be recognized annually in Hospice of Michigan's spring edition of *Connections*.

Make your gift to Hospice of Michigan at www.hom.org, or call (800) 669-9335.

Bringing *The Wizard of Oz* to Life

Hospice of Michigan's interdisciplinary teams work tirelessly to ensure every day is special for patients under our care. Recently, the south Oakland County team had a unique opportunity to create a delightful experience for a patient who has always loved musicals, especially *The Wizard of Oz*. As a child, he and his mother would attend theatre performances together, which provided wonderful lifelong memories. When music therapist Kaitlin McKinley shared the song "Somewhere Over the Rainbow" with him in a session, it brought him so much

joy that the team decided to create a real-life *Wizard of Oz* experience. Dorothy (Alana Knoppow, Volunteer Program Manager), Glinda (Ruth Moore-Lilly, Volunteer Program Coordinator), Scarecrow (Debra Langer, Social Worker), and the Cowardly Lion (Misty the dog, with owner Sherry Reedy, Clinical Director) dressed up and brought an afternoon of *Wizard of Oz* fun to the patient, pictured here with the team and his family. Even Toto joined in on the excitement! You can tell by the smiles on their faces that this was truly a special occasion.



Sharing the Power of Music

14-year-old Volunteer Creates Web Application Revolutionizing My Music Program



< Olivia with Bob Cahill, CEO

Many of us have experienced firsthand the transformational power of music. As part of the Lillian E. Delmar Music Program, Hospice of Michigan harnesses the power of music through the *My Music* program, a non-medical intervention which allows volunteers to use MP3 players and headphones with dementia patients to promote joy, healing, and peace.

In 2017, at the tender age of 14, Olivia Bronstein began volunteering with *My Music*. Seeking ways to combine her desire to give back with her interest in music, ultimately Olivia's knowledge of coding offered the perfect way to make an enormous impact on the *My Music* program.

Olivia's initial volunteer task was to make playlists for *My Music* volunteers to use with patients. However, a week or two into volunteering, she noticed the way playlists were assembled was an unnecessarily complicated, manual

process. She immediately began thinking about how she could use her passion for coding to improve the way playlists were created. "The playlists were not getting out to patients as quickly as they could be, and at the end of life, time is so important," Olivia shared. So she began planning a solution.

That solution—creating a web application which dramatically simplifies the process of creating playlists for patients—became Olivia's mission for the next several months. She dedicated 700 hours to code the entire program. When asked what inspired her to invest so much of her valuable time on this project, Olivia shared that she knew it could have a positive impact on many people.

Olivia's interest in coding began in third grade as a creative outlet, and over the years, she built her skills to a point where she was able to create

a program that will be "literally transformational," according to Alison Wagner, Director of Volunteer Services and Complementary Therapies. Olivia has generously decided to gift the program to Hospice of Michigan, and is working with the IT department on implementation. She will also write training documents, give presentations, and lead in training other *My Music* librarians across the state on the system, which allows users to easily drag and drop songs into folders and collaborate with other users. "The web application allows *My Music* librarians to easily create, manage, and collaborate on playlists that are relevant and distinctive to each patient," shared Olivia.

Olivia is glad that her interests in music, coding, and helping people combined to have such a meaningful impact. "Coding gave me the tools to make a positive impact on so many people," she said. "I'm excited for the possibilities the application has to offer."

"Thank God for our youth; they are the leaders of our tomorrow. We are in good hands with Olivia and others like her that are smart, dedicated, loyal, kind and wonderful young people," shared The Honorable Sara Smolenski, Hospice of Michigan Foundation Board member. The impact of Olivia's contribution is sure to be monumental, and our gratitude for her hard work and dedication cannot be overstated. Thank you, Olivia, for using your skills to make such a wonderful difference for our patients!

June B. Hamersma Planned Giving Society

The June B. Hamersma Planned Giving Society recognizes individuals who have named Hospice of Michigan as a beneficiary in their estate plans, trusts or wills. These individuals share in June's vision of leaving a legacy for the future of Hospice of Michigan.

For more information about remembering Hospice of Michigan in your estate planning or how to become a member of this Society, please call Stephanie Le at (248) 346-4253.

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				<i>*In Grateful Memory</i>

Summer Event Recap

Barley, BBQ & Beats – Grand Rapids

The 3rd Annual Barley, BBQ & Beats in Grand Rapids was held on Saturday, May 19 with over 1,500 attendees enjoying a memorable night of delicious BBQ, inventive cocktails and fantastic entertainment from four of Grand Rapids' most talked-about bands. Since its inception in 2016, Barley, BBQ & Beats has raised over \$500,000 to support Hospice of Michigan's Open Access Program. This year, a generous match from statewide event sponsor CareLinc Home Medical Equipment & Supply was instrumental in ensuring the event's success.



Barley, BBQ & Beats – Novi

Following three years of tremendous success in Grand Rapids, the excitement of Barley, BBQ & Beats came to Southeast Michigan on June 9. In its first year, the event attracted more than 600 guests who enjoyed whiskey and BBQ from 20 delicious local vendors. Emceed by WDIV's Evrod Cassimy, guests kicked up their heels as three great local bands (Corey Dakota & The Rippers, Drop 3rd Strike, and Space Cat) treated the

audience to high-energy performances. Best of all, the night-long dedicated giving appeal raised over \$5,000 to support Hospice of Michigan's Open Access program! We're already looking forward to next year's event.

Walk & Remember – Alpena

On a beautiful June morning, the 5th annual Walk and Remember brought together family, friends and furry companions to memorialize loved ones. 120 individual and team walkers helped to raise more than \$22,000 for the Open Access Program. Special thanks to presenting sponsor Cliff Anschuetz Chevrolet, as well as the many other community partners who pledged their support for this event. Funds raised will stay in the local community to ensure Northeast Michigan patients and families receive the care and assistance they need.



Race and Remember Glow Run



Come light up the night at the 2nd Annual Race and Remember 5K Glow Run in Elk Rapids, MI. Just a few miles north of Traverse City, this quaint waterfront village is the perfect backdrop to this family and pet friendly 5K to benefit Hospice of Michigan.

Not a runner? That's OK. Walk the 5K or turn around any time you want—whatever makes you most comfortable. **Everyone is encouraged to bring family, friends, and dogs!**

Because every life deserves the best possible care, all funds raised will stay in Northwest Michigan and support Hospice of Michigan's Open Access program.

Sat., Oct. 13, 2018 • Registration: 5:30 pm; Race: 7:15 pm, AMVETS Building, Elk Rapids

Register today at www.hom.org/glowrun to take part in an evening filled with laughter, fundraising and remembrance through the beautiful village of Elk Rapids. Registration is \$30 per adult, \$15 per child (12 and under; kids in strollers and dogs are free). Special rates available for families of four and five. For more details, contact Michelle Gallagher at (231) 527-0927.

Writing Through Loss: A Virtual Touch Program

Because a busy schedule, work or travel challenges may make it difficult to attend our live programs, Hospice of Michigan proudly offers Virtual Touch Programs. These are special webinars that you can be part of right from your home or office.

On **September 25, 2018 at 12 pm EST**, Hospice of Michigan is offering Writing Through Loss, facilitated by **Kathryn Holl, MA, LPC**, Grief Support Services Manager. Kathryn has over 20 years of experience as an educator and counselor, providing support, teaching, and resources to individuals, family and community via counseling,

professional educational workshops and memorial services. She has co-developed Writing Through Loss, a poetry and writing program for bereaved individuals.

In this one-hour session you will ...

- Explore the value of writing in the grieving process.
- Begin to put pen to paper through writing exercises.
- Have time for questions and interactions. You will be able to see and talk to the presenter as well as other participants.

To join us, please register with Karen Monts at kmonts@hom.org or (313) 578-6326.

Homemakers Make a Difference

Hospice of Michigan is committed to enhancing quality of life for patients and families as they face the stresses that often surface at end-of-life. One of the unique ways Hospice of Michigan is able to assist families is by offering the services of a Homemaker. This added layer of support, available on a limited basis as a supplemental service, provides light housekeeping so families can focus their energies on their loved one. Read our Homemaker Lisa's perspective below on the difference she makes:

While my official job title is Homemaker, I prefer "Cleaning Therapist." Yes, I will dust, vacuum and even clean a toilet. What this service does is give someone a little bit of control in a world that has taken the wheel and is steering them. This care may be for the worn and weary caregiver or for the frustrated patient; each home is a home in crisis and this service offers some relief. Each home has different needs—if I can take something off the plate of a caregiver so they have time to give to the patient or maybe take some time for themselves, they can rest knowing that things are still getting done.

Sometimes my cleaning helps the patient; watching their home slip from the standard they maintained to chaos causes stress and frustration. I take orders and listen to what that patient needs and do my best to do it their way. That is control and a sense of purpose and even accomplishment for them, in a place where they may not be feeling so useful. Some of our patients want to stay in their homes but live alone, and illness has them too weak to stand long enough to wash dishes, or walk the stairs to do the laundry. Some of our patients have diminished sight and don't even see dirt and dust, or expiration dates on their food. The care plan is individual to each patient and can include special projects.

I had a patient who voiced that her once beautiful garden path was a weed patch and she hadn't been able to trim back her roses. I received special permission and on my next visit, I trimmed her roses and weeded that bed and our patient had a lovely window view her last summer on this earth. I have put up and taken down countless Christmas trees, helping patients who feel hopeless because they can't do it themselves. One patient sat up and unwrapped and held each ornament before allowing me to place it on the tree. Her smile is still with me; it was a good last Christmas. I helped a caregiver set up her deck furniture and clean it so she could have lunch outside with her husband like they used to.

This service helps, cares and even educates. Countless caregivers are stepping into different roles. Some have never done laundry, or cooked a meal.

I taught a patient how to Snapchat this week—his grandkids always sent him pictures and messages and he loved it. He had never sent back; his daughter called immediately after receiving his snap and wanted to know who taught him. She was so moved, she saved it. I care for mothers of sick children and healthy children who don't have enough time in their day to care for both and still keep up with the housework—I give them time. I have cooked with a patient who gathered recipes on his journeys through life: clam chowder, chili relleno, and pecan pie. He couldn't breathe well enough to cook or prep, so I was his hands. He thought he would never make or taste these things again. I have walked beloved pets, cleaned kitty litter, and bird cages. We love our pets and what happens when we can't see to their care?

The Homemaker position is about serving our patients in a way that is as unique as our patients—hearing their needs and meeting them.

Attention SpartanNash Shoppers: Save Your Receipts!



Hospice of Michigan is partnering with SpartanNash's *Direct Your Dollars*™

fundraising program.

Direct Your Dollars is a receipt-based program, meaning that we can raise money simply by doing something we all do each week: going to the grocery store.

Every time you shop at your local SpartanNash store (including Family Fare, VG's, ValuLand and more; store details can be found at SpartanNash.com), save your receipts—and encourage your friends and family to do the same. Once we've collected \$150,000 in receipts from these stores, we can turn those slips of paper into a \$1,000 check for Hospice of Michigan!

Mail your receipts to Stephanie Maurice, Hospice of Michigan, 43097 Woodward Ave, Suite 102, Bloomfield Hills, MI 48302. Please make sure you send the **original** receipt—that's how we earn our \$1,000 check.

Through the *Direct Your Dollars* program, you can help turn your receipts into cash for our mission.

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OUR NONPROFIT MISSION

Ensure quality of life, comfort, and peace for our patients; provide support for their loved ones during their end-of-life experience. Serve everyone in our communities who needs and seeks our care; strive to improve the state of comfort care.

Making Dreams Come True



Timothy Raymond with Detroit Tigers pitcher Louis Coleman

with some additional support from his hospice team in northern Oakland County, his dream became a reality Thursday, July 5th. It was a great night for Timothy, despite a heartbreaking loss to the Texas Rangers. Best of all, WXYZ Channel 7 was there to capture Timothy's memory-making experience! See the video of Timothy's performance at <https://www.hom.org/hospice-made-it-happen/>

Timothy Raymond had long dreamed of playing the National Anthem on his harmonica before a Detroit Tigers game. As a hospice patient, this dream became more important to him. Thanks to the herculean efforts of his closest friend, along

Hospice of Michigan On the Road

We know that many donors spend the colder months in warmer climates. That's why we're happy to bring Hospice of Michigan to your area! If you



will be in Southern California or Florida this winter, consider making time to visit with the Hospice of Michigan Foundation team. We would love to spend time socializing and engaging in discussion surrounding the future of end-of-life care in our country. For more information on planned dates and locations, contact Barbara Anderson at (616) 356-5266 or email: banderso@hom.org.

If you wish to remove your name from future fundraising solicitations, contact the Donation Processing Center, 800-669-9335 or email: info@hom.org.

Locations

- Ada (Grand Rapids)
- Alpena
- Ann Arbor
- Big Rapids
- Bloomfield Hills
- Cadillac
- Clinton Township
- Dearborn
- Fremont
- Gaylord
- Ludington
- Muskegon
- Southfield
- Traverse City