

CONNECTIONS

SPRING 2017

News and Events from Hospice of Michigan



Navigating uncharted waters with Anchors Programs for Children

While most people are familiar with hospice care, they may not be familiar with Jo Elyn Nyman Anchors Programs for Children, Hospice of Michigan's range of specialized pediatric services. Anchors Programs for Children offers three programs that focus on maximizing the quality of life for children suffering from a potentially life-limiting illness.

John Fischer's and Kara Eagle-Fischer's journey with two of the three Anchors programs began as they were expecting a new addition to their family. Here's their story...

Pregnancy is usually a joyous occasion – a celebration of life and the excitement of memories and moments yet to be. And no one ever expects to be told that their unborn child will likely die moments after birth.

At just 20 weeks, in what one would consider a "normal" pregnancy, John and Kara heard words that would change the course of their lives forever. Their unborn son, Bram, tested positive for Jeune Syndrome, a rare genetic condition that affects one in 130,000 babies in the United States.

"We were told he would most likely die within five minutes to two hours after his birth," said Kara. "All we could think about was what did we need to get done in those five

minutes of consciousness? What did we want to say to him? How were we going to tell his big brother that the sibling he was waiting for was going to die?"

Faced with uncertainty, grief and unanswered questions, John and Kara were connected with the Anchors Perinatal Program which provides support to expectant parents of an unborn child diagnosed with either a terminal or potentially life-limiting illness. It was important for them to come away from this experience having done what needed to be done, to be the best parents they could be for Bram. And despite their grief, they wanted to make sure their loss would benefit someone else. Part of their birth plan included contacting Gift of Life to coordinate organ donations. "It was important that our son be an organ donor. We always say that although our son may not be able to go to college, perhaps his liver will," said Kara.

With the help of the Anchors Perinatal team, everything was prepared, written down and worked out in advance of the delivery. By planning ahead, it helped spare John and Kara additional anxiety so those anticipated minutes could be spent focusing on their child.

(Cont. on page 2)

Photo: "Superhero" Bram Fischer at his 1st birthday party.

A Message from Bob: A new year, a new home



Bob Cahill, President and CEO

It has been one year since Hospice of Michigan and Arbor Hospice & Palliative Care—two of Michigan's legacy hospice programs—formed an affiliation to create the state's largest provider of nonprofit hospice care. Guided by a shared mission that puts patient care above all else, this affiliation offers benefits of scale and shared resources that will help strengthen, protect and expand the nonprofit hospice mission to bring care and comfort to patients and families during exceedingly difficult times.

Since both organizations owned and operated headquarters buildings, selling one of these buildings offered the opportunity to both reduce administrative costs and most importantly, focus our resources where they're needed most—the delivery of care at the bedside. We have chosen Arbor's Oak Valley building located at 2366 Oak Valley Dr. in Ann Arbor as the location for our consolidated administrative headquarters as it provides a more easily accessible location for staff orientation, education and general operation. Thus, we have sold the Detroit building and following renovation, we will be moving into the Oak Valley offices later this year.

Please be assured that despite the sale of the building, our commitment to serving the Detroit/Wayne County community remains the same. Our Detroit clinical team continues to provide the care and support of our patients and their families wherever they need us.

One of the most important parts of this relocation is the move of all of the

memorial bricks, plantings and statues from Detroit's courtyards to Arbor's beautiful eight-acre campus. These memorial tributes remind us all of the compassionate care Hospice of Michigan has provided to loved ones and to so many others over the course of 36 years.

The Detroit memorial bricks are currently in storage until the weather breaks and they will find their special new home amidst the lush gardens, walking paths and ponds that surround Arbor's building and where they will be lovingly tended to by volunteers.

Please know we will take great care to thoughtfully create a new memorial space on the grounds at our new administrative home in Ann Arbor that respects the legacy that our donors hold dear.

Warm regards,



Anchors Programs for Children (cont. from page 1)

When Bram entered the world, Kara and John nervously watched the minutes tick by. Five minutes passed. Then an hour. Then two. After spending nine days in the neonatal intensive care unit, this sweet boy surpassed everyone's



Programs for Children

expectations and went home to be with his family. The Anchors social

worker provided support and guidance throughout Bram's hospital stay and afterward, making sure the needs of the family were met.

"The Anchors team has been an extraordinarily valuable resource; our son went from having no future to having a very uncertain one. Each month is a milestone and though we've had stumbling blocks along the way, the Anchors team helps us get through it and celebrate the moments we do have together," said Kara.

The caring staff also understood the tremendous impact Bram's birth would have on his older brother and made sure the whole family was taken care of. Arrangements were even made so Kara and John could spend some oneon-one time with their older son on special outings.

In celebration of Bram's first year, the Anchors team arranged to have a photographer for a superhero birthday party. Having captured images, moments and milestones, the family continues to look back on this unexpected journey in disbelief.

Now two years later, the family continues to be served by the Anchors program, having transitioned to Compass Support Services. This social work-based program provides the family with important social and decision-making support, and connects them with specialized community resources to help them navigate the challenges of caring for a child with a potentially life-limiting illness.

John and Kara are thankful for the continued support of Anchors Programs for Children, especially during those times a dire diagnosis is given and an uncertain future remains.

Jo Elyn Nyman Anchors Programs for Children is funded entirely through philanthropic dollars. If you would like to contribute, please visit our website www.hom.org or call (616) 356–5256.



Left to right: Michael Paletta, MD, Hospice of Michigan medical director; Fr. John Geaney, CSP; Ruth Sanborn, MA, clinical ethicist at Spectrum Health; Bryan Pilkington, PhD, assistant professor of philosophy at Aquinas College; and MarKay Riippa, RN, nurse manager at Mercy Health

Just because we can—should we? *Medical ethics at end of life*

Medical research continues to increase knowledge of—and produce valuable new protocols to treat (and in some cases, cure)—many illnesses. These advancements can also pose unintended ethical dilemmas for individuals who are facing end of life and for their loved ones who are journeying with them. Are we required to try every available option? Just because we can, should we?

In early September 2016, Hospice of Michigan and Arbor Hospice offered a two-evening panel event in Grand Rapids called, "Just Because We Can Should We? Medical Ethics at End of Life." The discussion touched on medical ethics at the end-of-life for both adults and children.

Panelists included ethicists as well as a physician, nurse and social worker who have expertise in the areas of end-of-life care and medical ethics. A case study, relevant to the focus of the evening, was discussed by the panel and followed by questions from the audience. The discussions offered clarity around various medical protocols, medical terms, ethics and the important understanding that Hospice of Michigan and Arbor Hospice remain available to them for further information and support.

Debunking the common myths about planned giving

Planned giving is a way to make a gift through thoughtful estate planning. However, there are several myths that surround planned giving. Could one of these myths be impacting your own decision to make such a gift to Hospice of Michigan?

Myth: I need to have a large estate to make an impactful gift.

Truth: By including Hospice of Michigan, in any amount, you are making a difference in end-of-life care. Your gift helps us to continue our mission of providing hospice care to ALL, regardless of their ability to pay!

Myth: Planned gifts are confusing and complicated.

Truth: There are many types of planned gifts, most of which are simple and affordable, such as a gift in your will, retirement funds, life insurance or living trust.

Myth: I'm too young to think about an estate plan.

Truth: Planning your estate is important at any stage of your life. Without an estate plan, the fates of your assets and your loved ones may be decided by attorneys or the government. Even if you have a modest estate, it's still a good idea to think about how you want to leave your legacy.

If you are interested in learning more about how to make a planned gift to Hospice of Michigan, please contact Stephanie Le, director of planned giving, at (248) 346–4253.

Every gift has an impact

It's a common misperception that you have to be wealthy to make a real difference in someone's life. But even the smallest gifts can have an impact. Here are some everyday examples:

- **\$25** Provides one day of medication for one patient
- \$100 Provides four visits by an aide, giving families and caregivers a much needed rest
- \$150 Provides one day of comfort care, medication and bedside visits to one patient
- **\$250** Provides grief support to one bereaved individual coping with the death of a loved one

Every dollar counts in fulfilling our nonprofit mission!



June B. Hamersma Planned Giving Society was established to thank and recognize our donors whose bequests benefit Hospice of Michigan's mission. If you already included Hospice of Michigan in your estate plan, please consider sharing your intentions and becoming a member of the June B. Hamersma Planned Giving Society. For more information, please contact Stephanie Le, director of planned giving, at (248) 346-4253.

2017 Caring Circle Members

Smiles, gratitude and continuing appreciation to our Caring Circle members who contributed \$1,000 and above last year to Hospice of Michigan. The number that follows donors' names represent the number of years they have been a Caring Circle member. We appreciate the generosity and support of our Caring Circle members.

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Employees are donors too!

The Legacy Club and Caregivers Club represents Hospice of Michigan employees who contribute annually at levels of \$1,000 and \$500 respectively. We are grateful to all of our employees for their commitment to the compassionate care they provide, as well as their monetary support.

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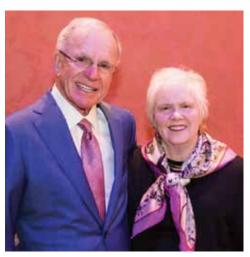
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Make your gift to Hospice of Michigan at www.hom.org, or call 800.669.9335.

The Distinguished Philanthropist Award Goes to Karl and Patti Betz



Karl and Patti Betz have been loyal advocates and donors to Hospice of Michigan for more than 18 years, making them shining examples of distinguished philanthropists. So much so that Hospice of Michigan supported their nomination for the Distinguished Philanthropist Award from The Association of Fundraising Professionals, West Michigan Chapter.

Karl and Patti have been involved in many transformative gifts and children's initiatives at Hospice of Michigan. Their first major gift—in support of The Polar Express Fundraising Project in 2004 — was Hospice of Michigan's first event to raise more than \$1 million for pediatric hospice. They also have been our advocates in securing additional leadership gifts, including the establishment and growth of the James B. Fahner, MD, Pediatric Hospice program.

Karl's and Patti's generosity extends well beyond themselves into their company. Since 1998, Betz Industries has participated in employee giving programs, including payroll deduction, designed to instill a culture of philanthropy with their employees, of whom 95% contribute to Hospice of Michigan.

Hospice of Michigan was proud to attend the 30th Annual National Philanthropy Day® Awards program in November, where Karl and Patti were honored with the Distinguished Philanthropist Award.

Please join us in congratulating Karl and Patti Betz.

Delivering smiles one bouquet at a time

For years, Hospice of Michigan offices throughout the north and west regions of the state have received donations of flowers from local florists and grocers. Dedicated volunteers have lovingly turned these donations into beautiful bouquets that volunteers then deliver to patients under our care.

Since its beginning in Grand Rapids just over 12 years ago, the Grand Rapids "Flower Ladies" have created more than 27,000 bouquets, bringing smiles to patients on our service across West Michigan.



A tray of bouquets prepared by the Grand Rapids "Flower Ladies" is ready for delivery.

The latest outgrowth of this volunteer Flower Program —which is now being piloted in Oakland County — was inspired by a local bride and groom who wanted to see their floral arrangements appreciated a second time in a meaningful way. Our hope is that by modeling the

success of the Grand Rapids flower program, we can expand to neighboring counties in the future.

If you would like to contribute to the Oakland County Flower Program or would like to volunteer to arrange or deliver flowers, please contact Volunteer Program Manager Alana Knoppow: (248) 303-6818 or by email: aknoppow@hom.org.

Flower power for Detroit patients

The Bloom Project, a nonprofit originally founded in Oregon, was started when founder Heidi Berkman experienced the death of a loved one. The grief that Berkman felt was softened by the gift of hospice care. It inspired her to use flowers from grocers and wholesale



Volunteer Program Manager Alana Knoppow and Heidi Berkman, founder of The Bloom Project

floral companies to create arrangements and deliver them to hospice patients.

When The Bloom Project came to Michigan in October for Detroit Flower Week, they partnered

with Hospice of Michigan. Following the event, The Bloom Project crafted beautiful floral arrangements that were delivered to more than

20 hospice patients thanks to our volunteers.

To learn more about The Bloom Project, visit their website at www.thebloomproject.org.



An extra-special meet-and-greet

Grand Rapids patient Alyce Rawson received an unexpected holiday gift, bringing much joy to the season.

Alyce and her husband, Cliff, have been long-time fans of the Trans-Siberian Orchestra (TSO), and were looking forward to seeing them in concert together one more time. When Hospice of Michigan learned of their passion for TSO and that they purchased tickets, the staff reached out to the Van Andel Arena to see if a special meet-and-greet could be arranged.

The Rawson's were so moved by this holiday surprise, heightening their level of excitement and anticipation for the evening. While the concert was amazing, the post-event meet-and-greet with performers and the talented Chris Caffery made the evening extra-special for Alyce and Cliff. Everyone treated them like royalty and the Rawson's have a holiday memory of their final TSO concert together.

Alyce Rawson with Chris Caffery of TSO.



Celebrating 108 years of life

Hospice of Michigan team members joined long-term residence care staff to celebrate the 108th birthday of patient Alice M. Perlick. The occasion was celebrated with balloons, cake and broad smiles all around.



Hospice of Michigan Social Worker Chris Woloszyk attends Alice M. Perlick's 108-year-old birthday party.

A twist on fundraising

A little bit of paint, a little bit of wine, and a whole lot of fun! That was the theme for a recent fundraiser for Hospice of Michigan in Traverse City. It was the first time Hospice of Michigan partnered with Painting with a Twist and it was a huge success. The event sold out at

55 people and had a waiting list of more eager painters hoping to get a spot.

The two-hour event raised more than \$1,000, which will be used for Open Access in northwestern Michigan. Hospice of Michigan's Open Access program allows



us to care for anyone who seeks our services regardless of their age, diagnosis, or ability to pay. If you would like to donate to Open Access in your community, please visit our website at www.hom.org or call (800) 669-9335.

A warrior's wish

When Cadillac residents Tori and Kris Sturtevant welcomed their son into the world in 2013, they chose a name that not only reflected their love for "Star Wars," but had deeper meaning. Aptly named, Anakin, which means "warrior," faced a battle that no parent dares to imagine. Anakin was born with Krabbe Leukodystrophy, a devastating metabolic neuro degenerative disorder. With this knowledge, Tori and Kris were determined to make Anakin's days as happy as possible.

Early last year, Anakin's parents reached out to our Jo Elyn Nyman Anchors Programs for Children for support.

Their timing was fortuitous. Our specialized pediatric services had just expanded statewide, supported by generous funding from Jo Elyn Nyman and the Samuel & Jean Frankel Foundation.

As Anakin's care team recognized a noticeable decline in his condition, they wanted to make sure that every moment of his short life was filled with joy. Knowing that Anakin loved watching the Nickelodeon program, *Paw Patrol*, and that the national tour of *Paw Patrol LIVE* was making a stop in Detroit, the Anchors team reached out to Make-A-Wish to see if they could partner with us to help Anakin.

Beyond anyone's expectations, Anakin and his family were treated to an amazing weekend in Detroit. It began with a day spent visiting the Detroit Zoo. The following day, they were whisked away in a limousine with a police escort to The Fox Theatre, where they were greeted by the Detroit Police Department's K9 and Traffic Enforcement Divisions.

The celebrity treatment continued as The Fox Theatre welcomed the Sturtevant family. As they entered the theater, they were met with Anakin's name in lights on a big sign in the lobby. The family enjoyed the performance and was

invited to go backstage after the show to meet some of the characters: Skye, Ryder and Chase.

Hospice of Michigan's compassionate care teams go above and beyond to make memories special for our patients and families.

The Jo Elyn Nyman Anchors Programs for Children are funded through philanthropic dollars. If you would like to support, please visit our website at www.hom.org or call 800-669-9335.

Anakin next to his special sign at The Fox Theatre.



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OUR NONPROFIT MISSION

Ensure quality of life, comfort, and peace for our patients; provide support for their loved ones during their end-of-life experience. Serve everyone in our communities who needs and seeks our care; strive to improve the state of comfort care.

A year of great events!

Plans are underway for Hospice of Michigan's upcoming 2017 signature events. From a scenic walk on the Lake Huron shoreline, to a BBQ and music fest, to gala dinner celebrations, the Hospice of Michigan Foundation has an event for you.

Last year, these events helped raise more than \$400,000 for Hospice of Michigan.

Mark your calendars! Spread the word! We look forward to seeing you there.



GRAND RAPIDS

Barley, BBQ & Beats Sat., May 20, 2017 Van Andel Arena Call Alex Wilson: 616-356-5288



GRAND RAPIDS

Hockey—The Musical! Aug. 17-20, 2017 Wealthy Street Theatre Call Alex Wilson: 616-356-5288



nusical by Mitch Albom

GRAND RAPIDS

Chandeliers in Flight Thurs., Sept. 7, 2017 Amway Hangar, Gerald R. Ford International Airport Call Alex Wilson: 616-356-5288



ALPENA

4th Annual Walk & Remember Sat., June 17, 2017 Starlight Beach Pavilion Call Brenda Herman: 989-358-4291



DETROIT

Chandeliers Set Sail Thurs., Sept. 28, 2017 Detroit Yacht Club Call Kim Ritter: 313-578-6265



TRAVERSE CITY

Memorial Glow Run Sat., Oct. 14, 2017 Amvets Post 114, Elk Rapids Call Michelle Gallagher: 231-527-0927

If you wish to remove your name from future fundraising solicitations, contact the Donation Processing Center, 800-669-9335 or email: info@hom.org.

Locations

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