



For Immediate Release

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Hospice of Michigan Offers Men and Grief Support Group

Bloomfield Hills, Michigan, March 29, 2016 – Hospice of Michigan will hold group meetings for men dealing with issues of grief.

The Men and Grief group will meet from 9:30 a.m. to 11 a.m. on four consecutive Fridays -- April 22 to May 13 -- at Hospice of Michigan's Bloomfield Hills office, 43097 Woodward Ave., Suite 102. The sessions, which will focus on the unique issues faced by men who have lost a loved one, will allow men to share insights, receive information about what to expect when grieving and learn specific strategies and coping skills for more effectively managing grief.

“Men often face unique challenges after losing a loved one,” said Bill Evans, group facilitator and grief support services manager for HOM. “Besides the general cultural expectation that men don't cry and that they must not show their emotions when dealing with grief, falling into a depression or experiencing emotions such as unexpected anger may impact a man's ability to move through his loss.”

There is no charge to attend the meetings, however advance registration is required.

For more information or to register for the Men and Grief support group, please contact Claudia Been at 248.334.1323.

About Hospice of Michigan

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The nonprofit cares for nearly 1,800 patients each day, raising more than \$5 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and health care professionals through its research, training and education arm, the Hospice of Michigan Institute. In January 2016, HOM joined forces with Arbor Hospice and Palliative Care, strengthening the mission of nonprofit hospice in Michigan to ensure patients and their caregivers receive the highest quality of care. For more information, call 888.247.5701 or visit www.hom.org.

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