



For Immediate Release

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Hospice of Michigan to Host Journey Through Grief Support Group

Traverse City, Michigan, March 17, 2016 – Hospice of Michigan will host a Journey Through Grief support group in April.

The Journey Through Grief program is a series of weekly sessions that offer insight and coping skills for an adult's journey through grief. Practical handouts that include information about what to expect when grieving and specific strategies for coping more effectively are provided at each session.

Journey Through Grief sessions will be held each Wednesday from April 6 through April 27 from 6 to 7:30 p.m. at HOM's Traverse City office, 10850 E. Traverse Hwy, Suite 1155. This program is free and open to the community. Advance registration is required.

For more information or to register, please contact Kathryn Holl at 231.929.1557.

About Hospice of Michigan

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The nonprofit cares for nearly 1,800 patients each day, raising more than \$5 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and health care professionals through its research, training and education arm, the Hospice of Michigan Institute. In January 2016, HOM joined forces with Arbor Hospice and Palliative Care, strengthening the mission of nonprofit hospice in Michigan to ensure patients and their caregivers receive the highest quality of care. For more information, call 888.247.5701 or visit www.hom.org.

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