



**For Immediate Release**

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## **Hospice of Michigan to Host Journey Through Grief Support Group**

**Bloomfield Hills, Michigan, Feb. 18, 2016** – Hospice of Michigan will host a Journey Through Grief support group in March.

The Journey Through Grief program is a series of weekly sessions that offers insight and coping skills for an adult's journey through grief. Handouts that include practical information about what to expect when grieving and specific strategies for coping more effectively are provided at each session.

The sessions will be held at HOM's Bloomfield Hills office, 43097 Woodward Ave., Ste. 102, from 1:30 to 3 p.m. every Wednesday from March 2 to March 30.

This program is free and open to the community. Advance registration is required.

For more information or to register, please contact Claudia Been at 248.334.1323.

### **About Hospice of Michigan**

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The nonprofit cares for more than 1,800 patients each day, raising more than \$5 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and health care professionals through its research, training and education arm, the Hospice of Michigan Institute. For more information, call 888.247.5701 or visit [www.hom.org](http://www.hom.org).

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