



For Immediate Release

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Hospice of Michigan Offers Men Grieve Too Support Group

Traverse City, Michigan, August 31, 2015 – Hospice of Michigan will offer an ongoing support group in Traverse City focusing on the unique issues men face when dealing with grief.

The Men Grieve Too group meets twice a month and focuses on the unique issues faced by men who have lost a loved one. Men lead the group, and participants share insights, receive information about what to expect when grieving and learn specific strategies and coping skills for more effectively managing grief.

Discussions are held on the first and third Mondays of each month from 6-7 p.m. at Hospice of Michigan, 10850 E. Traverse Highway, Suite 1155. The meetings are free and advance registration is not required.

For more information or to register for the Men Grieve Too support group, please contact Kathryn Holl at 231.929.1557 or email kholl@hom.org.

About Hospice of Michigan

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The nonprofit cares for more than 1,700 patients each day, raising more than \$4 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including At Home Support™, our advanced illness management program, community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and health care professionals through its research, training and education arm, the Hospice of Michigan Institute. For more information, call 888.247.5701 or visit www.hom.org.

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