



For Immediate Release

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Hospice of Michigan to Offer Variety of Grief Support Groups This Spring

Detroit, March 26, 2015 – Hospice of Michigan will offer a variety of free support groups this spring in Southeast Michigan that are focused on dealing with grief.

Each of the groups will provide a safe and supportive environment for participants to express their feelings and better understand the grief process as they deal with the death of a friend or family member.

Support groups include:

- **Loss of a Parent** – a program offering assistance to those coping with the loss of a parent that will be held 1:30 to 3 p.m. Wednesday, May 6 at HOM's Clinton Township office, 44720 Hayes Road
- **Remembering Our Mothers** – a gathering offering time to reflect and share stories about mothers who have died will be held 10 to 11:30 a.m. Saturday, May 9 at HOM's Bloomfield office, 43097 Woodward Ave., Suite 102. Participants are invited to bring a picture or keepsake to share.
- **Remembering Our Mothers and Fathers** – a gathering offering time to reflect and share stories about mothers and fathers who have died will be held 6 to 7:30 p.m. Tuesday, May 5. The event will be sponsored and hosted by the James H. Cole Home for Funerals, 2624 W Grand Blvd., Detroit.
- **Grief and Loss** – an ongoing group that meets 1 to 2 p.m. on the first Wednesday of each month at Waterford Senior Center, 3621 Pontiac Lake Road
- **Grief Share** – an ongoing nondenominational Bible-based grief program that is held weekly 6 to 7:30 p.m. Sunday at Faith Community Church, 14560 Merriman Road, in Livonia and 6:30 to 8 p.m. Thursday at Romulus Wesleyan Church, 37300 Goddard Road

Throughout the year, Hospice of Michigan also offers a series of **Living On** support groups. These ongoing groups are held on different days in several locations throughout Southeast Michigan, including:

- Second and fourth Monday of each month at HOM's Ann Arbor office, 555 Briarwood Circle, Suite 140 from 6:30 to 8 p.m.
- First Tuesday of each month at HOM's Bloomfield office, 43097 Woodward Ave., Suite 102, from 6 to 7:30 p.m.
- First and third Thursday of the each month at HOM's Detroit office, 400 Mack Ave., from 1 to 2:30 p.m.
- Second Tuesday of each month at Wayne-Oakwood Hospital, 33155 Annapolis, from 2 to 3:30 p.m.

- Third Tuesday of each month at Eton Senior Center, 4900 Pardee, in Dearborn Heights from 1 to 2:30 p.m.
- First Thursday of each month from 1:30 to 3 p.m. and second Wednesday of each month from 6 to 7:30 p.m. at HOM's Clinton Township office, 44720 Hayes Road

Advance registration is required for all groups and events. To register, contact 888.247.5701 or visit <http://www.hom.org/our-services/grief-support-groups> for more information.

Hospice of Michigan also offers workshops and group presentations to schools, churches, businesses and communities dealing with a loss to help them understand the grieving process. Contact the organization for further information.

About Hospice of Michigan

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The nonprofit cares for more than 1,700 patients each day, raising more than \$4 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including At Home Support™, our advanced illness management program, community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and health care professionals through its research, training and education arm, the Hospice of Michigan Institute. For more information, call 888.247.5701 or visit www.hom.org.

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