



**For Immediate Release**

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**Hospice of Michigan to Host Journey Through Grief Support Group**

**Traverse City, Michigan, January 14, 2014** – Hospice of Michigan will host a series of Journey Through Grief support group meetings for five consecutive Wednesdays starting Jan. 15.

The Journey Through Grief program is a series of weekly sessions offering insights and coping skills for an adult's journey through grief. Practical handouts including information about what to expect when grieving and specific strategies for coping more effectively are provided at each session.

The sessions will be held on Wednesdays from 6:30 – 8 p.m. beginning Jan. 15 and ending Feb. 19. Sessions will take place at HOM's Bay View Center at 10850 E Traverse Highway. This program is free and open to the community. Advance registration is required.

For more information or to register, please contact Kathryn Holl at 231.929.1557.

**About Hospice of Michigan**

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state of Michigan. The non-profit organization cares for more than 1,400 patients each day in 56 counties, raising more than \$4 million each year to cover the cost of care for the uninsured and underinsured. HOM offers innovative programs to enhance the quality of care for people at the end of life, education programs for physicians and healthcare professionals, caregiver education materials, cultural diversity programs for end-of-life care, and research and education programs at the Maggie Allesee Center for Innovation. For more information, call Hospice of Michigan's CARE Center 24/7 at 888.247.5701 or go to [www.hom.org](http://www.hom.org).

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