



**For Immediate Release**

Contact: Mary Ann Sabo  
Sabo Public Relations, 616.485.1432  
[maryann@sabo-pr.com](mailto:maryann@sabo-pr.com)

or

Kristin Lynn  
Sabo Public Relations, 248.709.1405  
[kristin@sabopr.com](mailto:kristin@sabopr.com)

## **Hospice of Michigan to Host Journey Through Grief Support Group**

**Traverse City, Michigan, March 10, 2014** – Hospice of Michigan will host a series of Journey Through Grief support group meetings for six consecutive Wednesdays starting April 9.

The Journey Through Grief program is a series of weekly sessions offering insights and coping skills for an adult's journey through grief. Practical handouts including information about what to expect when grieving and specific strategies for coping more effectively are provided at each session.

The sessions will be held on Wednesdays from 6:30 – 8 p.m. beginning April 9 and ending May 14. Sessions will take place at Grace Episcopal Church, 341 Washington St., Traverse City. This program is free and open to any adult member of the community mourning a loss. Advance registration is required.

For more information or to register, please contact Kathryn Holl at 231.929.1557.

### **About Hospice of Michigan**

A nationally recognized leader in end-of-life care, Hospice of Michigan is the original – and largest – hospice in the state. The non-profit cares for more than 1,400 patients each day in 56 counties across Michigan, raising more than \$4 million each year to cover the cost of care for the uninsured and underinsured. HOM offers a broad range of services to enhance the quality of life at the end of life, including At Home Support™, our advanced illness management program, community-based palliative care and pediatric care programs. HOM provides grief support and counseling, caregiver education and support, and education programs for physicians and healthcare professionals through its research, training and education arm, the Hospice of Michigan Institute. For more information, call 888.247.5701 or visit [www.hom.org](http://www.hom.org).

###